

**A
BOOKE OF
AYRES**

Thomas Campion / Philip Rosseter

1601

The first Booke

XVIII. The man of life vpright.

1

The man of life vpright,
Whose guiltlesse hart is free
From all dishonest deedes,
or thought of vanitie.

2

The man whose silent dayes,
In harmelesse ioyes are spent
Whom hopes cannot delude,
Nor sorrow discontent.

3

That man needes neyther towers,
Nor armour for defence:
Nor secret vautes to flie
From thunders violence.

4

Hee onely can behold
With vnafrighted eyes
The horrors of the deepe,
And terrours of the Skies.

5

Thus scorning all the cares,
That fate, or fortune brings,
He makes the heau'n his booke,
His wisdom heeu'nly things.

6

Good thoughts his onely friendes,
His wealth a well-spent age,
The earth his sober Inne,
And quiet Pilgrimage.